

Maintain Your Health and Wellness



At Shurmer Place the continued good health and wellness of residents is the fundamental goal of the programs and services offered. In keeping with the Altenheim mission of achieving the optimal level of mental, physical, and spiritual well-being of seniors, Shurmer Place at Altenheim can provide or arrange for the following services for residents:

Physician Services

Shurmer Place at Altenheim honors an individual's choice of preferred physician.

Exercise Facilities

Shurmer Place offers state-of-the-art exercise facilities and equipment, group exercise sessions and an outdoor walking trail.

Ancillary Medical Services

For your convenience, many of these services can be provided within the privacy of your suite, or just steps away at Altenheim Skilled Nursing and Rehab Center.

Durable Medical
Equipment
Home Health Care
Laboratory
Occupational Therapy
Optometrist
Outpatient Therapy

Oxygen
Physical Therapy
Podiatrist
Rehab Therapy
Speech Therapy
X-Ray

Application and Admission



We are pleased that you are considering Shurmer Place at Altenheim as your new home. Staff members will be happy to assist you with the application process so that you may begin to enjoy the many amenities that await you at Shurmer Place.

Waiting List

The first step in the process is to meet with the Director of Shurmer Place to discuss your needs.

Whether you need to move to Shurmer Place now or in the future, a \$2,000 refundable deposit will secure your name on the waiting list.

NOTE: Being on the waiting list does not guarantee admission to Shurmer Place.

Application Process

You will be notified when your desired suite is available, and will have three days to accept or decline the suite.

The process continues with the scheduling of an assessment with our Wellness Coordinator. The assessment will be used to determine your eligibility for independent or assisted living residency.

When the application for admission is completed, reviewed and accepted by Admissions a deposit of \$2,000 is required to hold the suite. The deposit is refundable any anytime, prior to move in, minus a \$1,000 processing fee.



Welcome to Shurmer Place

We know that your stay at Shurmer Place will be a time that you will treasure. Our Resident Director will meet with you to complete a residency agreement, and to answer any questions you may have.

Our staff will be happy to work with you to make your move to Shurmer Place a smooth one. From coordinating a moving van to helping you select furnishings for your new home, staff members are available to assist with your transition.

If you decline an offered suite, you may still choose to remain on the waiting list. Shurmer Place cannot predict future availability of apartments. We encourage you to inform us of changes in your health status or any other changes that may occur during the time you remain on the waiting list.

Independent and Assisted Living — Services and Amenities



Shurmer Place features:

- Restaurant style dining
- Private dining rooms
- Large meeting center for family gatherings
- Library and parlor
- Movie room
- Several activity rooms and areas
- Private spa
- Outdoor patios
- Gazebo
- Walking trails

Social and Cultural Programs

- Day trips to casinos, restaurants, shops and cultural venues
- Group social opportunities
- Card clubs
- Arts and crafts
- Educational programs
- On-site entertainment

Health and Wellness Programs

- Wellness monitoring
- Licensed nurse available 24-hours per day
- Personal companions on duty around the clock
- Exercise room with state-of-the-art resistance and cardio equipment
- Exercise sessions to maintain fitness and mobility
- Private examination rooms
- Pharmacy services
- Physical, occupational and speech therapies available in your suite
- Assisted living provides personal care services such as help with bathing, dressing, grooming and medication assistance

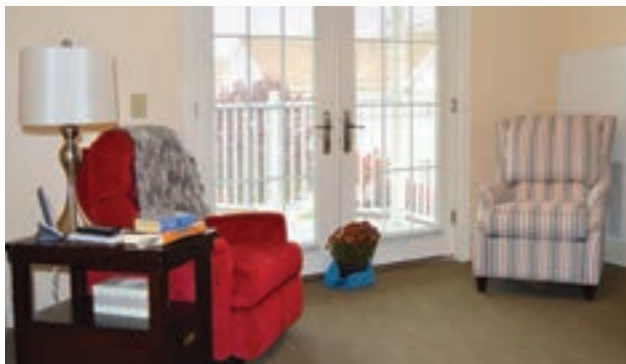
Transportation

- Scheduled transportation is provided to church services, physician's offices, shopping and activities within a 15 mile radius of Shurmer Place at no extra charge.

Independent and Assisted Living — Services and Amenities



Many conveniences await you in your suite. The gracious, independent lifestyle at Shurmer Place offers you an opportunity to enrich your life and maintain your independence in an informal, comfortable environment. If you need some help, assisted living at Shurmer Place has services and care thoughtfully designed to provide you with the help you need to support your independence.



Your monthly rental fee includes the following services and amenities:

A Beautiful Suite featuring:

- Choice of efficiency, one or two-bedroom suites
- Outdoor accessibility to a private patio or balcony
- Full kitchen with refrigerator, stove, cabinets and sink
- Wall-to-wall carpeting
- Window treatments
- Individually controlled heating and air conditioning
- Basic cable service and free WiFi
- All utilities, except phone
- Spacious bathroom with walk-in shower and safety grab bars
- Ample closet space for storage

Fine Dining Services

- Continental breakfast, daily
- Lunch and dinner, daily
- Select menu choices
- Nutritional counseling
- Simple diets

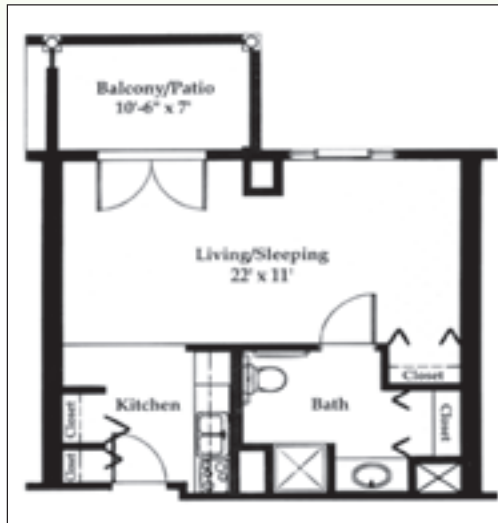
A Safe Environment

- Personal emergency call pendant system for prompt staff assistance
- 24-hour staff available
- Fire and smoke detectors in each suite

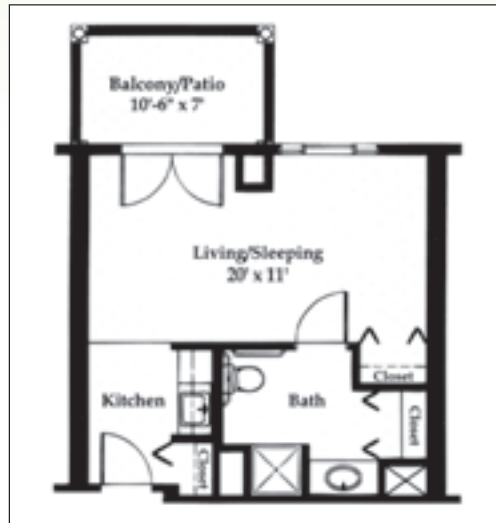
Housekeeping and Laundry Services

- Housekeeping services
- Weekly flat linen service
- Washers and dryers conveniently located on each floor for personal use

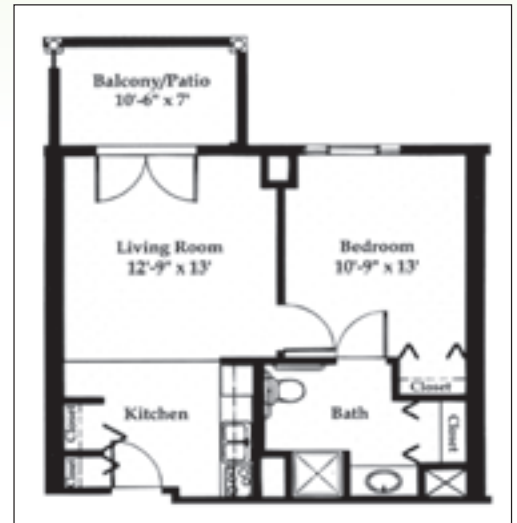
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Efficiency Suite
460 Square Feet



Efficiency Apartment
420 Square Feet



1-Bedroom Suite
550 Square Feet



1-Bedroom Apartment
506 Square Feet



2-Bedroom Suite
726 Square Feet



2-Bedroom, 2-Bath Suite
826 Square Feet