

Complete the form below and
return with payment in the enclosed envelope.

Yes! I want to support
Altenheim with a gift of

☐ \$200 ☐ \$100 ☐ \$50 ☐ \$25 ☐ Other

to the:

____ Annual Appeal

____ Grateful Family Program

____ Tribute (memorial, in honor of)

____ Engraved brick in the Courtyard at Shurmer Place

Name: _____

(as you wish to be listed on donor rolls)

Address: _____

City: _____

State: _____ Zip: _____

Phone: _____

Email Address: _____

Please indicate preferred method of payment:

☐ **CHECK** (payable to Altenheim Foundation)

☐ **CREDIT CARD**

☐ Visa ☐ MasterCard ☐ Discover

Name on Card: _____

Card Number: _____

Expiration Date: _____ Security Code #: _____

Signature: _____

My gift is:

☐ in Memory of: ☐ in Honor of:

(Individual's Name)

☐ My employer will match my gift

☐ Matching gift form enclosed

*Altenheim Senior Living is a not-for-profit 501(c)(3) organization.
Gifts are tax deductible to the extent allowed by law.
Please consult your tax adviser if you have questions about
the deductibility of your gift.*

Thank You!

☐ I have remembered Altenheim Senior Living
through a bequest or other estate planned gift.

☐ I would like information about making a
bequest or other estate planned gift to
Altenheim Senior Living.



Altenheim Senior Living
18627 Shurmer Road, Strongsville, Ohio 44136
Email: giving@altenheim.com
Phone: 440.238.3361

Altenheim
SENIOR LIVING

A Not-For-Profit Life Plan Community

18627 Shurmer Road • Strongsville, Ohio 44136
www.altenheim.com

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Flourish
FALL/WINTER 2022

"We've Always Stood for Family"

Giving as a Living Memorial



Jackie Moore's mother, Helen Van Dam, passed away just shy of her 104th birthday, after living at Altenheim for 14 years. "My mother was a sharp dresser, and she insisted on wearing earrings every day to feel fully dressed," remembered Jackie. "She had a smile for everyone, enjoyed crossword puzzles, and loved to draw and paint landscapes. When younger, Mom spent ten years singing and telling stories in nursing homes to entertain residents. Altenheim was her reward for that!"

When Helen fell and broke her arm, she needed help with activities of daily living. She moved to Altenheim's assisted living community because it was highly recommended by an acquaintance whose relative lived there. "We had just moved to Strongsville and were still getting the lay of the land," Jackie explained. "We quickly realized that Mom was in good hands." When it became clear that Helen had memory issues, she was moved to the memory care residence, where she enjoyed a life full of family celebrations, bus outings for ice cream, and outdoor events, all with the help of caring staff who treated her like family. "When she reached her 100th birthday, they placed a brick in the Centennial Garden in her honor, which is a really nice tradition."

**"We quickly realized
that Mom was in good
hands."**

Loving care leads to gifts . . .

Peter and Jackie Moore have been members of the Annual Appeal Giving Society for four years and have been donors for longer than that. They also support the Flourish fundraising event. "We give as a living memorial to Helen," Peter remarked, "and because we very much appreciate the extraordinary care she received for all those years. For her, it was like being at home."

**"For her, it was
like being
at home."**

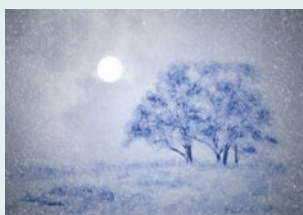
Jackie added, "It was special for us too. We had peace of mind in knowing Mom was well cared for. The staff always recognized us by name and helped us organize memorable birthday celebrations and family get-togethers. Her caregivers thought highly of my mother, and some even attended her funeral, which meant a lot to us."

"In fact," said Peter only half-joking, "we had such a great experience at Altenheim that we look forward to living there ourselves if we need help in the future!"

***At times, our own light goes out and is rekindled by a spark
from another person. Each of us has cause to think with deep
gratitude of those who have lighted the flame within us.***

— Albert Schweitzer

Did you know...



December ends on the same day of the week as April every year, as each other's last days are exactly 35 weeks (245 days) apart.

Numbers, as well as words, that read the same forward and backward are called palindromes. The next palindrome date will come on 22/02/2022.

Every winter, more than a septillion snowflakes fall down to Earth, according to the Library of Congress. To put it another way, that's a trillion trillion snowflakes or 1,000,000,000,000,000,000,000,000.

In ancient Rome, an hour was 45 minutes in the winter and 75 minutes in the summer.

Come grow with us! Board of Directors

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www.altenheim.com

A Not-For-Profit Life Plan Community

**ALTENHEIM SENIOR LIVING
HIPAA OPT-OUT**

If you wish to have your name removed from future marketing and fundraising communications, contact the Office of Institutional Advancement between 9am–5pm Monday-Friday at 440-238-3361, ext 1171.



Altenheim complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 440-238-3361.

注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 440-238-3361



Message from Paul Psota, CEO

As I reflect on 2021, I realize there is much to be grateful for . . .

- . . . the dedicated staff at Altenheim, Shurmer Place and Shurmer Memory Assisted Living, as well as Hands on Out-Patient Services and Altenheim at Home
- . . . our outstanding leadership team
- . . . the engaged Board of Directors
- . . . passionate Women's Auxiliary volunteers
- . . . the support of many community partners
- . . . volunteer drivers who deliver meals on wheels to Strongsville's home-bound
- . . . donors who support Altenheim's mission during these challenging economic times
- . . . residents and residents' families for the trust and confidence placed in us to care for loved ones

As we move forward together in 2022, Altenheim will continue to provide quality, compassionate care to the most vulnerable.

Wishing you a joyous holiday and a healthy new year.

Paul Psota

Ways You Can Make a Difference:

Annual Appeal—Your unrestricted gift will help fund residents' programs and activities.

Tributes—Remember a loved one or recognize someone special through a memorial or tribute gift of any size; or purchase an engraved brick for Shurmer Meeting Center Courtyard.

Restricted Giving—You may direct your gift to a specific program or service such as activities, education, facilities and equipment, or Alzheimer's and dementia care.

Gifts of Time and Talent—Are you passionate about helping others? Altenheim Senior Living has a variety of opportunities to volunteer.

Gifts-in-Kind—Movies, books, blankets and other personal in-kind gifts add to the residents' feeling of home.

Grateful Family Program—A meaningful way to show appreciation for the care you or a loved one received.

Matching Gifts—Check with your employer to see if your financial donation will be matched by corporate giving.

Naming Opportunities—A wonderful way to leave a lasting legacy by naming an outdoor or indoor area, or campus building.

Planned Giving—Bequests, life insurance, beneficiary designations and other planned, deferred gifts will benefit our residents residents.

**Contact The Office of Institutional Advancement,
440-238-3361 X 1171, to make a gift or go to:
www.altenheim.com/donatenow**



Plan for your future like you'd shop for healthy foods

When we go shopping, it is best to have a list. When we do, we don't forget to pick up that needed item and we are also less likely to buy too much. Lists make sense. Planning pays.

When you think about the important people and charities in your life, have you written a plan to take care of them? If the peace of mind that comes with planning and the possibility of significant tax savings appeal to you, we make it easy.

Just like a store, we have shelves of ideas, such as the charitable gift annuity, IRA rollovers, beneficiary designations and more. We can even send you our complimentary estate planning guide. Call 440-238-3361 X1171 or go to www.altenheim.com/plannedgiving. Let us help you prepare a beautiful list for life.

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A Hurricane Opens a Heart



Michelle Gallagher, RN, Director of Nursing at Altenheim, was not always a nurse. Originally on a career path in the insurance and finance industry, she was forever changed when Hurricane Katrina struck. Seeing the devastation on television, she was moved to help people in a meaningful way. But when she began exploring the options through the Red Cross, there was nothing she felt qualified to do.

Michelle thought about nursing, but nursing programs in her area had long waiting lists. Her sister-in-law suggested applying to a 15-month LPN-to-RN accelerated bridge program that she could get into immediately, which she did. "I trained on the job while also doing hospital rotations," Michelle explained. "In 2011 I was offered a job at Altenheim as an LPN and accepted, thinking it was temporary. As it turns out, I didn't want to leave. I realized that I loved the opportunity to build personal relationships with residents and their families. It brings greater meaning to what I do." Michelle advanced in her responsibilities at Altenheim after earning her RN in 2013 and was promoted to director of nursing in 2020.

In her new leadership role Michelle has developed an even greater appreciation for her colleagues. "We are a team, and I'm impressed by my teammates and respect them," she commented. "I'm also thankful for them since they are the key to our success. Ours is not an easy job, yet these brave professionals

stay even with challenges like the pandemic. We have built relationships among staff and understand that we all need each other, and that the residents need us. I try to lead by example, pitching in to perform any job that needs filling to show that I will never ask them to do anything I won't do myself. I also ask them to encourage and help each other, and I let them know they can always ask for help when they need it."

In addition to forging a new career, Michelle's heart for helping others led her to new love and inspired the next generation. She met her husband, a fireman, while completing her emergency medicine rotation with a fire department ambulance. And daughter Isabella, following in her mother's footsteps, recently earned her BSN/RN and works for the MetroHealth system. Caring for others is clearly a passion for this family, and Altenheim and the local community are the better for it.

"We are a team, and I'm impressed by my teammates and respect them."

Altenheim Wish List

Interested in giving a holiday gift to benefit our residents? The Altenheim Wish list on Amazon has items that the Activities Department would love to have for resident comfort and joy.

Go to this link:

<http://a.co/3A7Xnzy>



2021 Charitable Giving under the CARES ACT

You may still take advantage of the federal government's provisions for charitable giving in 2021.

Under the CARES ACT, for 2021 you can deduct cash donations to public charities up to 100% of adjusted gross income (AGI) instead of only 60%. If you are making a gift to Altenheim next year, you may want to consider making the gift in 2021, to take advantage of this opportunity.

Required minimum distributions from IRAs and other retirement accounts resume. If you are 70 ½ or older, you can make an IRA rollover or qualified charitable distribution to Altenheim to potentially lessen tax consequences with required distributions.

Taxpayers who take the standard deduction can claim a \$300 "above the line" deduction for cash gifts to public charities. For 2021 the above the line deduction has been increased to \$600 for married couples filing jointly.

Moving Forward Together



"Feeling gratitude and not expressing it is like wrapping a present and not giving it."

— William Arthur Ward

Save the Date *Flourish* June 8, 2022 • Michael Angelo's Winery