

# EDUCATIONAL WEBINARS

January-March education programs presented by the Alzheimer's Association®



Webinars are free to participate, but pre-registration is required. You will get access information by email to join via computer or phone as part of your registration confirmation. Please click [HERE](#) or call our 24/7 Helpline to register. Helpline representatives can register you and answer any caregiving or brain health questions you may have: 800.272.3900.

PROGRAM TITLE/DESCRIPTION	DATE
<p><b>Understanding and Responding to Dementia Related Behaviors</b></p> <p>Behavior is a powerful form of communication for people experiencing dementia as the ability to use verbal language is lost. Join the Alzheimer's Association to learn to decode behavioral messages and intervene with some of the most common behavioral challenges of Alzheimer's.</p>	<p>Wed., Jan. 27<sup>th</sup> 4:00-5:00 p.m.</p> <p>Mon., Feb. 15<sup>th</sup> 3:30-4:30 p.m.</p> <p>Wed., Mar. 31<sup>st</sup> 9:00-10:00 a.m. (Social Work CEU available)</p>

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PROGRAM TITLE/DESCRIPTION	DATE
<p style="text-align: center;"><b>10 Warning Signs of Alzheimer’s</b></p> <p>If you or someone you know is experiencing memory loss or behavioral changes, it’s time to learn the facts. Join the Alzheimer’s Association to learn how early detection of Alzheimer’s can give you the chance to enroll in clinical studies and plan for the future.</p>	<p style="text-align: center;">Wed., Jan. 13<sup>th</sup> 4:00-5:00 p.m.</p> <p style="text-align: center;">Thurs., Jan. 28<sup>th</sup> 7:00-8:00 p.m.</p> <p style="text-align: center;">Sat., Jan. 30<sup>th</sup> 10:00-11:00 a.m. (presented in Spanish)</p> <p style="text-align: center;">Thurs., Feb. 25<sup>th</sup> 4:00-5:00 p.m.</p> <p style="text-align: center;">Mon., Mar. 8<sup>th</sup> Noon-1:00 p.m.</p> <p style="text-align: center;">Thurs., Mar. 25<sup>th</sup> 1:00-2:00 p.m.</p>
<p style="text-align: center;"><b>Effective Communication Strategies</b></p> <p>Join us to explore how communication takes place when someone has Alzheimer’s, learn to decode the verbal and behavioral messages delivered by someone with dementia, and identify strategies to help you connect and communicate at each stage of the disease.</p>	<p style="text-align: center;">Tues., Jan. 26<sup>th</sup> Noon-1:00 p.m.</p> <p style="text-align: center;">Thurs., Feb. 4<sup>th</sup> 7:00-8:00 p.m.</p> <p style="text-align: center;">Tues., Feb. 23<sup>rd</sup> 6:30-7:30 p.m.</p> <p style="text-align: center;">Tues., Mar. 2<sup>nd</sup> 6:30-7:30 p.m.</p> <p style="text-align: center;">Tues., Mar. 16<sup>th</sup> 7:00-8:00 p.m.</p>

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PROGRAM TITLE/DESCRIPTION	DATE
<p style="text-align: center;"><b>Understanding Alzheimer's and Dementia</b></p> <p>Alzheimer's is not normal aging. It is a disease of the brain that causes problems with memory, thinking and behavior. Join the Alzheimer's Association to learn about the impact of Alzheimer's, the difference between Alzheimer's and dementia, disease stages and risk factors, and current research and treatments available to address some symptoms.</p>	<p style="text-align: center;">Wed., Jan. 20<sup>th</sup> 11:00 a.m.-Noon</p> <p style="text-align: center;">Wed., Feb. 10<sup>th</sup> 1:00-2:00 p.m.</p> <p style="text-align: center;">Wed., Mar. 10<sup>th</sup> Noon-1:00 p.m.</p> <p style="text-align: center;">Wed. Mar. 24<sup>th</sup> 3:30-4:30 p.m.</p>
<p style="text-align: center;"><b>Healthy Living for Your Brain and Body</b></p> <p>Join the Alzheimer's Association to learn about research in the areas of diet and nutrition, exercise, cognitive activity, and social engagement. Learn hands-on tools to help incorporate these recommendations while sheltering in place.</p>	<p style="text-align: center;">Thurs., Jan. 21<sup>st</sup> 7:00-8:00 p.m.</p> <p style="text-align: center;">Sat., Jan. 23<sup>rd</sup> 10:00-11:00 a.m. (presented in Spanish)</p> <p style="text-align: center;">Thurs., Feb. 11<sup>th</sup> Noon-1:00 p.m.</p> <p style="text-align: center;">Thurs., Mar. 18<sup>th</sup> Noon-1:00 p.m.</p>
<p style="text-align: center;"><b>Dementia Conversations</b></p> <p>This program provides tips for breaking the ice with your family so you can address some of the most common issues that are difficult to discuss: going to the doctor for a diagnosis or medical treatment, deciding when to stop driving, and making legal and financial plans for future</p>	<p style="text-align: center;">Wed., Feb. 17<sup>th</sup> 5:00-6:00 p.m.</p> <p style="text-align: center;">Wed., Mar. 3<sup>rd</sup> 4:00-5:00 p.m.</p>