

EDUCATIONAL WEBINARS

September education programs presented by the Alzheimer's Association®



Webinars are free to participate, but pre-registration is required. You will get access information by email to join via computer or phone as part of your registration confirmation. Our 24/7 Helpline can also register you, and answer any caregiving or brain health questions you may have: 800.272.3900.

PROGRAM TITLE/DESCRIPTION	DATE	REGISTRATION
<p>Tips For Brain Health and Wellness While Social Distancing Join the Alzheimer's Association to learn about research in the areas of diet and nutrition, exercise, cognitive activity, and social engagement. Learn hands-on tools to help incorporate these recommendations while sheltering in place.</p>	<p>Wed., Sept. 16th 1:00-2:00 p.m.</p>	<p>Register now</p>
<p>Effective Communication Strategies Join us to explore how communication takes place when someone has Alzheimer's, learn to decode the verbal and behavioral messages delivered by someone with dementia, and identify strategies to help you connect and communicate at each stage of the disease. *1.0 Social Work CEU is available</p>	<p>Thurs., Sept. 17th 8:00-9:00 a.m.</p>	<p>Register now</p>

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PROGRAM TITLE/DESCRIPTION	DATE	REGISTRATION
<p>COVID19 and Caregiving The COVID-19 pandemic has been a very challenging time for caregivers. Join us to get tips on how to care for an individual with memory loss to keep them safe and healthy during the pandemic.</p>	<p>Tues., Sept. 22nd 12:30-1:30 p.m.</p>	<p>Register now</p>
<p>10 Warning Signs of Alzheimer's If you or someone you know is experiencing memory loss or behavioral changes, it's time to learn the facts. Join the Alzheimer's Association to learn how early detection of Alzheimer's can give you the chance to enroll in clinical studies and plan for the future.</p>	<p>Thurs., Sept. 24th 3:00-4:00 p.m.</p>	<p>Register now</p>
<p>Understanding Alzheimer's and Dementia Alzheimer's is not normal aging. It is a disease of the brain that causes problems with memory, thinking and behavior. Join the Alzheimer's Association to learn about the impact of Alzheimer's, the difference between Alzheimer's and dementia, disease stages and risk factors, and current research and treatments available to address some symptoms.</p>	<p>Wed., Sept. 30th Noon-1:00 p.m.</p>	<p>Register now</p>