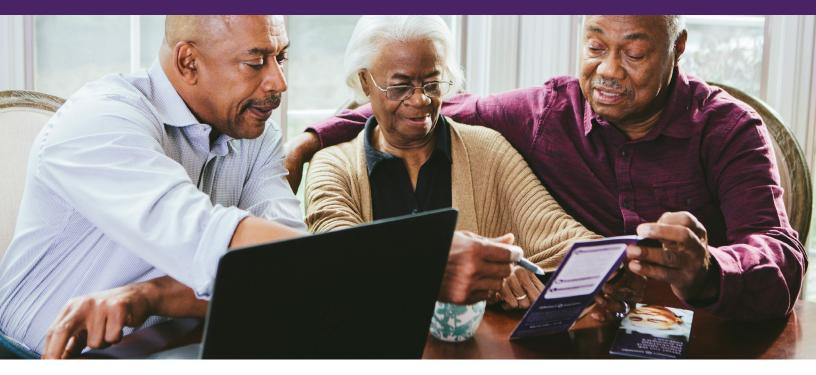
alzheimer's $\ref{eq:second}$ association[®]

VIRTUAL EDUCATION

EDUCATIONAL WEBINARS

May education programs presented by the Alzheimer's Association®



Webinars are free to participate, but pre-registration is required. You will get access information by email as part of your registration confirmation. Our 24/7 Helpline can also register you, and answer any caregiving or brain health questions you may have: 800.272.3900.

PROGRAM TITLE/DESCRIPTION	DATE	REGISTRATION
Know the 10 Signs: Early Detection Matters If you or someone you know is experiencing memory loss or behavioral changes, it's time to learn thefacts. Join the Alzheimer's Association to learn how early detection of Alzheimer's can give you thechance to enroll in clinical studies and plan for the future.	Mon., May 4 4-5 p.m.	<u>Register now</u>
	Mon., May 11 10-11 a.m.	<u>Register now</u>
Tips for Brain Health and Wellness While Social Distancing Join the Alzheimer's Association to learn about research in the areas of diet and nutrition, exercise, cognitive activity, and social engagement. Learn hands-on tools to help incorporate these recommendations while sheltering in place.	Wed. May 6 Noon-1 p.m.	<u>Register now</u>
	Tues. May 26 11 a.mnoon	<u>Register now</u>

EDUCATIONAL WEBINARS

PROGRAM TITLE/DESCRIPTION	DATE	REGISTRATION
Communication Strategies During COVID-19 Communicating with a loved one with memory loss poses unique challenges. Join the Alzheimer's Association to learn strategies for communicating with someone who has memory loss during the COVID-19 pandemic.	Thurs. May 7 4-5 p.m.	<u>Register now</u>
Dementia Conversations-Let's Talk About It! When someone is showing signs of dementia, it's time to talk. Join the Alzheimer's Association to learn helpful tips for breaking the ice with your family so you can address some of the most common issues that are difficult to discuss: going to the doctor for a diagnosis or medical treatment, deciding when to stop driving, and making legal and financial plans for future care.	Wed., May 13 10-11 a.m.	<u>Register now</u>
Understanding Alzheimer's and Dementia Alzheimer's is not normal aging. It's a disease of the brain that causes problems with memory, thinking and behavior. Join the Alzheimer's Association to learn about the impact of Alzheimer's, the difference between Alzheimer's and dementia, disease stages and risk factors, and current research and treatments available to address some symptoms.	Fri. May 15 10-11 a.m	<u>Register now</u>
Managing Dementia Related Behavior While Sheltering in Place Behavior is a powerful form of communication for people experiencing dementia as the ability to use verbal language is lost. However, some behaviors can present real challenges for caregivers to manage. Join the Alzheimer's Association to learn to decode behavioral messages and intervene with some of the most common behavioral challenges of Alzheimer's during the COVID-19 pandemic.	Tues. May 19 11 a.mnoon	<u>Register now</u>
Planning During a Pandemic During this challenging time of uncertainty, it is important to have a financial and care plan in place. Join the Alzheimer's Association to discuss which legal documents are essential to manage family affairs and to learn how to prepare to finance long-term care. Participants will have the opportunity to get their questions answered by an attorney who specializes in Elder Law.	Thurs. May 21 11 a.mnoon	<u>Register now</u>