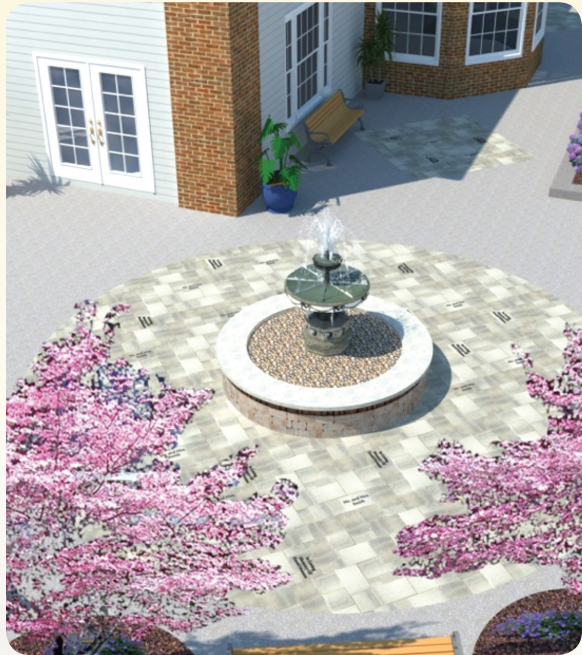


Leave a lasting legacy in

The Courtyard at Shurmer Place



The Courtyard...

A quiet place to enjoy outdoors with family and friends.

Help pave the path in the Courtyard, part of the Shurmer expansion, with a lasting tribute to your loved one, in celebration of a special occasion (anniversary, birthday)... or just because. Your gift of a paver can be engraved with your name, your family name or your company name.

Funds generated from your paver purchase will help us continue to provide services and programs to our residents.

Order yours today by completing the order form on opposite side.

Altenheim Shurmer Place at Altenheim



Flourish

Come grow with us!

A Not-For-Profit Senior Living Community Altenheim and Shurmer Place

Altenheim Shurmer Place at Altenheim

18627 Shurmer Road • Strongsville, Ohio 44136

www.altenheim.com

RETURN SERVICE REQUESTED

OUR MISSION: To achieve the optimal level of mental, physical, and spiritual well-being of individuals, families and the community through the provision of high quality residential living, skilled nursing care and specialized services offered in a family-like atmosphere.

Thank You!

Did you Know?

■ Steinway & Son, makers of pianos, was founded 1853 in Manhattan by German immigrant Heinrich Engelhard Steinweg, who Americanized his name to Henry E. Steinway? The company's growth led to the opening of a factory and company town in what is now the Astoria section of Queens in New York City; and a factory in Hamburg, Germany.

■ National Nurses week is May 6-12? Thank a nurse when you have the opportunity!

■ A yoga class has recently been added to Shurmer Place exercise activities?



■ Construction costs for Altenheim's Detroit Avenue location, built in 1892, were less than \$25,000?

■ The gummy bear originated in Germany? Hans Riegel, Sr., a confectioner from Bonn, started the Haribo Company, that makes gummy bears, in 1920.

■ Altenheim will be launching a new logo and brand identity this year? (Here's a sneak peak!)

Altenheim SENIOR LIVING

MyCare Ohio Updates

MyCare Ohio is an integrated care delivery system that will coordinate services for individuals who are eligible for both Medicaid and Medicare. For updates on the status of MyCare Ohio call Altenheim Social Worker, Catherine Mathews at 440.238.3361 or go to: <http://www.medicare.ohio.gov/providers/managedcare/integratedmedicareandmedicaidbenefits>. Scroll down to Educational Materials. ■

ALTENHEIM SHURMER PLACE HIPAA OPT-OUT

The provisions of the Federal Health Insurance Portability and Accountability Act of 1996 (HIPAA) govern how organizations like Altenheim handle resident information. HIPAA permits Altenheim to use certain information to contact you for marketing and fundraising for the benefit of Altenheim and Shurmer Place. If you wish to have your name removed from future marketing and fundraising communications contact the Institutional Advancement Office between 9 am – 5 pm Monday – Friday at 440.238.3361, ext.171.

Altenheim Shurmer Place at Altenheim

Flourish

A Not-For-Profit Senior Living Community

Volume 2, Issue 2 SPRING 2014

Altenheim Receives National Accreditation for Quality Assurance and Performance Improvement Efforts



Altenheim Skilled Nursing and Rehab Center received accreditation in 2014 as a center actively performing Quality Assurance and Performance Improvement activities. The accreditation, presented by independent accreditor, Providigm, LLC, evidences that Altenheim continually assesses residents' quality of life with regard to issues such as pain, dignity, and respect for resident choice; as well as quality of care issues including staffing, weight maintenance, infection control, rehabilitation following acute injuries or illnesses, and prevention of hospital readmissions.

"This accreditation signifies that Altenheim is committed to continuously improving the care that they provide based on feedback from residents and families," says Dr. Andrew Kramer, Providigm CEO, and international expert on measuring quality of elder care. "We congratulate Altenheim on their commitment to improve the quality of life and care given to our elders."

Unlike other such rating systems, the Providigm QAPI Accreditation is based on actions that skilled nursing and rehab centers take to identify and correct quality problems. The QAPI methodology is widely used in various health care settings, and is becoming a major focus of nursing home regulations. "We are extremely proud of the work our care team has accomplished to achieve this accreditation," said Paul Psota, Chief Executive Officer. "We take quality seriously. We strive to give our residents the quality of life and level of dignity they deserve." ■



Deficiency-Free Rating for Shurmer Place at Altenheim

Shurmer Place at Altenheim in Strongsville has been recognized by the State of Ohio's largest assisted living association for achieving a deficiency-free status.

Shurmer Place was congratulated by the Ohio Department of Health (ODH) for operating in complete compliance with federal and state requirements for health and life safety services and accommodations requirements at the time of its March 2014 annual survey. A team of professional reviewers from ODH checked nursing care and services, environmental standards, dietary services, records, administration and every other aspect of Shurmer Place's care and accommodations for its residents.

The Ohio Centers for Assisted Living (OCAL), the state's largest association representing assisted living providers, complimented Shurmer Place CEO Paul Psota, Director Kim Schulz and the staff for their achievement. A certificate of recognition commemorating its success was presented. OCAL represents more than 700 assisted living facilities, including Shurmer Place, statewide.

Shurmer Place at Altenheim allows individuals to remain comfortable in private apartments. Personal care assistance and nursing services are provided based on the needs of each resident, in a home-like atmosphere. ■

Come grow with us!



Altenheim and Shurmer Place Institutional Advancement Office 18627 Shurmer Road Strongsville, Ohio 44136

Email: giving@altenheim.com Phone: 440.238.3361

www.altenheim.com

A Not-For-Profit Senior Living Community

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Message from CEO
Paul Psota



Spring has finally arrived!! While it was a challenging Winter, many exciting things are happening. We're pleased to report that the construction to

expand Shurmer Place continues on schedule. A Community Open House for the new addition scheduled for August 24th. Residents are anticipated to begin moving in on September 15th.

Shurmer Place residents have been busy. The Men's Club has had several outings, and the Reaching Out Club made Easter baskets for OhioGuidestone (formerly Berea Children's Home). The residents celebrated April in Paris with French cuisine, French lessons, pastry making and a Café Hour. The event included champagne and entertainment with recordings of French Diva, Edith Piaf. Altenheim Skilled Nursing and Rehab Center had a sell-out crowd of family members, residents and friends for its Annual Easter Brunch. Daily activities, such as the Cooking Club, Wine and Cheese Social, and Night at the Races keep Altenheim residents active.

Altenheim Skilled Nursing and Rehab Center recently received accreditation for Quality Assurance and Performance Improvement through Providigm, LLC, an industry expert on maintaining elder care quality. Shurmer Place recently received a perfect, deficiency-free survey from the Ohio Department of Health. The organization has achieved these milestones because of its dedicated, caring staff.

Families and friends now have an opportunity to remember a loved one, or celebrate a special occasion, by purchasing a paver for the newly constructed Courtyard at Shurmer Place. Details are in this newsletter. Not only is the paver a lasting tribute, but you will support our mission! We hope you will consider participating.

Have a Wonderful Spring.

Paul Psota, CEO

Meet...

Claudia Jarosh has had the full array of services Altenheim has to offer. She went from her home, to the hospital, and to Altenheim for rehabilitation therapy. At the end of March this year, Claudia moved into Shurmer Place. Her children helped her and "it felt like home the day I moved in."

Claudia was born and raised in Cleveland and its suburbs. She and her husband Rudy met at a Metro Park. As a newly licensed driver, she was parking the car. She pulled in, "kissed the car on the left, kissed the car in the back, and almost ran over a fella that was to be her future husband. It was love at first sight." They raised three daughters. In addition to her children, she has a sister living in Texas, four grandchildren and 2 great grandchildren.

Although Claudia hasn't had a chance to participate in many of the wonderful activities Shurmer offers to its residents, she is looking forward to enjoying them as soon as she is able. She has met many of her neighbors, who have been friendly and welcoming. She says the staff is "super terrific." She is also enjoying the meals.

Since moving to Shurmer, Claudia has



been using the services of Altenheim Home Health Care. Kim Anderson and Leslie Sopata provide therapy services including walking and exercises. They are helping her to "keep moving" and to build up her strength. She receives moral support from the Home Health staff. John Vilcheck, RN, Director of Home Health, sees her medically. She is especially fond of John, and says of him "he is the best."

“ It felt like home the day I moved in. ”

Claudia credits her improvement to the care and services she is receiving from Altenheim Home Health Care. She is grateful for Altenheim's home health program.

Claudia's results are evidence of Altenheim at its best... providing continuous care for seniors in a home-like, supportive environment, and enabling each to become as independent as possible. ■

Medical Staff Appointments

Altenheim is pleased to announce Medical staff appointments. Matthew J. Frantz, D.O., has been appointed interim Medical Director. Valji Munjapara, M.D. and Robert M. Dohar, D.O. have been appointed Attending Physicians.



In addition to being interim Medical Director, Dr. Frantz serves as Advising Physician to Altenheim Home Health Care. He is a graduate of the Ohio University

College of Osteopathic Medicine, and is Board certified in Family Medicine. He founded the State Road Medical Practice in 1985, and is President of August Health Systems. Current medical affiliations include University Hospitals Parma Medical Center, where he is a Board member, and Southwest General Health Center. Dr. Frantz also serves



Dr. Munjapara received his Medical Degree from Gujarat University in India. He completed internships in pediatrics, OB-GYN, surgery and preventative medicine, and served in an internal medicine residency in India before coming to the United States.

Thank you for your support!

At Altenheim and Shurmer Place we are most grateful to you, our donors. With great appreciation we recognize the following individuals, businesses and organizations for their heartfelt and generous contributions made January 16, 2014 through April 15, 2014. We work diligently to ensure accuracy when recognizing your gifts. Should you discover an error please contact us at 440.238.3361, ext. 171.

The Giving Society for
the Altenheim Annual Appeal

On behalf of the residents we serve, a special thank you to the following founding members of the Giving Society. We are grateful for their leadership role in the Annual Appeal and commitment to our mission.

PLATINUM \$1,000 & UP

Mrs. Audrey Cousino,
In memory of
Dale C. Cousino
Donauschwaben's German-American Cultural Center
Mr. & Mrs. Joseph P. Medve,
In honor of
Helen Bartkowiak
Mr. & Mrs. Robert Ivancic
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Brockman Designs
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SILVER \$300 TO \$499

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Gerald Hoenie
James & Sheila Gulick,
In memory of
Don & Eileen Lavish

Mr. Joseph Kren
Mr. Joseph B. Nicholas,
For facilities
Dr. Gregory Wiemken*

BRONZE \$150 TO \$299

Anonymous (1)
John Coury*
Ray Haseley*
Mr. & Mrs. Lawrence Hengenijs*
Carole Kuhn,*
In memory of
John P. Kuhn
Rev. & Mrs. Horst Hoyer
Jardine Funeral Home, Inc.
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John & Susan Koza,
In memory of
Brenda Koza
Sounds Like a Plan*
Mr. & Mrs. Richard Szymanski*
John Vilcheck*
Amy Wong /
Dot Org Solutions LLC

* New members since last newsletter

Annual Appeal

Mr. Norman A. Beznoska, Jr.
In memory of Dorothy & Norman Beznoska, Sr.
Mrs. Renate Elber
Mr. H.W. Keich
Mr. & Mrs. Karl A. Longerich
Ms. Diane C. Marincic
In memory of George Petruska
Pete & Jackie Moore
In honor of Helen Van Dam's 103rd Birthday
Michelle Purtan
Mrs. Reinhold Rock
Mrs. Jack Wiewel
In memory of Jack Wiewel

Donors to Annual
Appeal Staff Fund

Several activities were held to raise money for the staff fund for the 2014 Annual Appeal. These included dress down days and a basket raffle. Many thanks to the following staff, families and friends who participated in these events. \$2,597 has been raised so far! Upgrades will be made to the memory wings.

Mr. & Mrs. Alcox
Lucinia Allison
Carol Arthur
Barb Bartkowiak
Theresa Beam
Andrea Belmonte
Machelle Browner
Aldona Bur
Alisha Butler
Eugenia Cannon
Donna Cantlin
Barbara Capadona
Stephanie Charnovic
Mary Correll
John Coury
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Megan Firman
Lyndell Fox
Ellen Frank
Bonnie Gerber
Traci Gerchak
Dolly Gergel
Sue Gerstenberger
Helen Giblin
Marlene Gorka



Dr. Dohar graduated from the Philadelphia College of Osteopathic Medicine and served in an internal medicine residency at St. Elizabeth's Medical Center. He is currently in private practice with Dr. Munjapara at Southwest Internal Medicine Group, and is affiliated with Southwest General Health Center and University Hospitals. Dr. Dohar serves as Chairman of Southwest General's Quality Assurance Committeee, and is the Health Center's Section Chief, Department of Medicine. ■

Mary Gorisek
Marie Joy Hall
Betty Hanton
Brenda Hasebstab
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Helen Josie
Rudy Jovanov
Laura Kenzig
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FRIEND: UP TO \$50
Life Line Screening of America

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Walter C. and Lucy I. Astrup Fund No. 1
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The Harry F. and Edna J. Burmester Charitable Remainder Unitrust No. 1
Marian M. Cameron Fund
John Huntington Benevolent Fund

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Mr. & Mrs. David Mills
Eleanor "Nora" Olson
Laura Flick
Mr. & Mrs. Tony Guzik
Mr. & Mrs. William Rostas

Dolores Rene

Ms. Gail L. Kovacs

Nicholas R. Sagan

The ALS Association,
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Helene Schoenmeyer

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In honor of Helen
Van Dam's 103rd Birthday

Lynn Holleran &
Charles Bowman

Gifts-in-Kind

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Holly's Ice Cream & Yogurt
Mr. & Mrs. Richard Kolp
Mrs. Marie Ondo
Ms. Terrie Ruic
Mr. & Mrs. Mike Sherwood
Ms. Mary Ann Viskocil
Warm-up America
Mrs. Jack Wiewel

Yes! I would like to purchase a paver for the Courtyard at Shurmer Place.

Complete the form below and return with payment in the enclosed envelope.

Please select the paver size you wish to purchase

- ☐ 6" x 6" paver \$150.00
☐ 6" x 9" paver \$300.00
☐ 9" x 9" paver \$500.00

Complete the message area below.

Spaces and punctuation are considered characters.

6" x 6" PAVER - 3 lines / 10 characters each

6" x 9" PAVER - 3 lines / 14 characters each

9" x 9" PAVER - 7 lines / 16 characters each

Your Contact Information:

NAME

ADDRESS

CITY STATE ZIP CODE

PHONE

EMAIL ADDRESS

Payment Information:

- ☐ Check enclosed (payable to Altenheim)
☐ MasterCard ☐ Visa

NAME ON CARD

CARD NUMBER

EXPIRATION DATE CCV

SIGNATURE

Altenheim and Shurmer Place
18627 Shurmer Road
Strongsville, Ohio 44136
Email: giving@altenheim.com
Phone: 440.238.3361

Thank You!