



# Flourish

*A Not-For-Profit Senior Living Community*

Volume 2, Issue 3

**SUMMER 2014**

## Altenheim Senior Living Introduces New Logo



The Board of Directors is pleased to introduce the new Altenheim Senior Living logo. The logo symbolizes the umbrella name under which all services and programs are provided. The traditional teal color remains the same, with a splash of contemporary green. The tag line, Senior Living, suggests the spectrum of services we offer from independent and assisted living, to skilled nursing and rehab, and home health care. We are here to serve you! ■



## Shurmer Place Expansion Open House

Twenty five new independent and assisted living apartments at Shurmer Place will be opened for occupancy on or about September 15, 2014. Please join us for an Open House showcasing the Shurmer Place Expansion on August 24, 2014 from 2 p.m. to 4 p.m. All activities will be held at the new Altenheim Senior Living Conference Center on the lower level of the Shurmer Place addition. Ribbon Cutting and a ceremony to honor the Women's Auxiliary for its years of dedicated service to the residents will be held. Tours of the new apartments and common areas will be available. Call Kim Schulz at 440-878-5266 to RSVP. ■

## Announcements

### In Memory

It is with deep sadness that we announce the passing on June 18, 2014, of our dear friend and Chief Financial Officer Lee Heinbaugh. Lee had a vast knowledge of industry reimbursement issues and was of great assistance to our residents and families. Our heartfelt condolences are extended to her husband and family. ■

### Medical Co-Directors Appointed

Altenheim is pleased to announce the selection of Dr. Valji Munjapara and Dr. Robert M. Dohar as Medical Co-Directors. They assumed their responsibilities on July 1. They continue to provide attending physician services to residents. Drs. Munjapara and Dohar are affiliated with University Hospitals and Southwest General Health Center. They will make themselves available to meet with families to answer questions. ■

## Come grow with us!

### Altenheim Senior Living

Institutional Advancement Office  
18627 Shurmer Road  
Strongsville, Ohio 44136  
Email: [giving@altenheim.com](mailto:giving@altenheim.com)  
Phone: 440.238.3361

**[www.altenheim.com](http://www.altenheim.com)**

*A Not-For-Profit Senior Living Community*

### 2014–2015 Board of Directors

Jeff Warnkin, President  
Robert Ivancic,  
1st Vice President  
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John Miaskowski  
Ed Oliveros  
Steve Sartschew  
Renate Szeltner  
Brigitte Ward  
Barry Zimmerman

## Message from CEO Paul Psota



Summer is here! This is an exciting time for Altenheim Senior Living.

We are introducing our new logo and tagline in this issue. Altenheim Senior

Living encompasses all programs and services offered.

The Shurmer Place expansion will be completed soon. Finishing touches are being added to inside living areas and outside landscaping. We will showcase our newest addition on Sunday, August 24. Please join us in the new Altenheim Senior Living Conference Center for the ribbon cutting ceremony and a tour.

The Membership of Altenheim Senior Living has appointed six new Directors. A warm welcome to Deb Borowske, Robert Messenger, Jack Miaskowski, Ed Oliveros, Brigitte Ward and Barry Zimmerman.

Shurmer Place hosts a Lunch & Learn Program on the last Wednesday of every month. Shurmer residents are also busy with trips to the Rocksino, Women's Space Aviation Museum, the History Museum and a Lolly the Trolley tour.

Altenheim residents are busy, too. A watermelon social was held. Residents participated in several activities planned around "peach month." The arm chair travelers will travel to Hawaii this month. The residents will harvest their vegetable garden.

Residents from both Altenheim and Shurmer will be treated to a trip on the Good Time III, compliments of the Women's Auxiliary.

On a sad note, Altenheim Senior Living lost a valued member of its staff in June, with the passing of Lee Heinbaugh, Chief Financial Officer.

Thank you to families and friends of Altenheim Senior Living who have donated so generously this past year. Activities and programs are conducted with the help of your generosity.

Enjoy the summer.

Paul Psota, CEO

## Meet the Hollerans

John and Juanita Holleran have been married for over 50 years. They met while still in elementary school. They have four children and five grandchildren.

John came to Altenheim for rehab after suffering a head injury. Juanita chose Altenheim because she had a cousin who was here. When Juanita visited her, she was happy, engaged with other residents and participated in activities.

John stayed on Unit 5. Nurses Michelle Kennedy and Nicole O'Connor were "enthusiastic and helpful. If I needed something, I got it." Juanita was very impressed with C.J. Sims, "he brought joy into my husband's room."

John received speech, physical and occupational therapies during his stay. Sarah Greene, Kim Soster, and Chelsea Gfell "made me work . . . they wanted me to get better so I could go home." Karen Kramer, whom he jokingly called

“ The nurses were enthusiastic and helpful. If I needed something, I got it. ”



"Sarge" helped John progress from a wheelchair to a walker.

John was at Altenheim Skilled Nursing and Rehab Center for about a month, a shorter stay than was thought due to the nature of his injury. During that time he made great progress in his therapy and gained 12 pounds because the "food was excellent."

Today John is back home with Juanita and continues to improve. They are grateful for the care he received at Altenheim. ■

## Altenheim Members Elect New Directors

Altenheim Senior Living is pleased to welcome six new members to its Board of Directors. These individuals were elected by Altenheim's membership. They bring a wealth of community contacts, and business and health care expertise to the organization.

**Deb Borowske** is the Director of Community Health, Geriatrics, Home Health and Hospice Services at Southwest General Health Center. She holds a Doctor of Nursing Practice and Masters and Bachelor of Science Degrees in Nursing.

**Robert Messenger** is the Manager of Respiratory Clinical Education at Invacare Corporation. He is also a Registered Respiratory Therapist and brings substantial durable medical equipment industry expertise to Altenheim.

**Jack Miaskowski** is a 29 year resident of Strongsville and very active in the Rotary Club. He has a rich history with Altenheim as his mother-in-law was a resident and he served here as a Eucharistic Minister through St. John Neumann Catholic Church. Jack's professional experience in

advertising will be a welcome addition to the organization.

**Ed Oliveros** is a long-time, self-employed entrepreneur. He has designed, constructed and operated several businesses and provided business consulting services. Active in the local community, he serves on the Strongsville Economic Development Committee.

**Brigitte Ward** has served as President of Altenheim's Women's Auxiliary for the past nine years. She works tirelessly to organize volunteer activities, conducts fundraisers for resident outings and supports the mission of Altenheim. She will bring her enthusiasm and commitment of service to the Board.

**Barry Zimmerman** is an independent ERP IT consultant with over 35 years experience in software design and development. Most recently he was Executive Vice President and Co-Owner of Edgerton Corporation, an IT company, located in Strongsville. He is a member of Strongsville's Economic Development Committee, the Chamber of Commerce and Rotary Club. ■



# Thank you for your support!

At Altenheim and Shurmer Place we are most grateful to you, our donors. With great appreciation we recognize the following individuals, businesses and organizations for their heartfelt and generous contributions made April 16, 2014 through July 15, 2014. We work diligently to ensure accuracy when recognizing your gifts. Should you discover an error please contact us at 440.238.3361, ext. 171.

## The Giving Society for the Altenheim Annual Appeal

On behalf of the residents we serve, a special thank you to the following founding members of the Giving Society. We are grateful for their leadership role in the Annual Appeal and commitment to our mission.

### PLATINUM \$1,000 & UP

Mrs. Audrey Cousino,  
In memory of  
Dale C. Cousino  
Donauschwaben's German-American Cultural Center  
Mr. & Mrs. Joseph P. Medve,  
In honor of  
Helen Bartkowiak  
Mr. & Mrs. Paul Psota  
Mr. Jeffrey Warnkin  
Withers Design Group, Inc.

### GOLD \$500 TO \$999

Brockman Designs  
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Allison & David Knowles  
Norbert Manz  
Mr. & Mrs. Michael  
Schneider\*

### SILVER \$300 TO \$499

Barbara Capadona  
Donna Cantlin  
Cisco & Co.,  
In memory of  
Gerald Hoenie  
James & Sheila Gulick,  
In memory of  
Don & Eileen Lavish  
Mr. Joseph Kren

Mr. Joseph B. Nicholas,  
For facilities  
Dr. Gregory Wiemken

### BRONZE \$150 TO \$299

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Ray Haseley  
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Carole Kuhn,  
In memory of John P. Kuhn  
Rev. & Mrs. Horst Hoyer  
Jardine Funeral Home, Inc.  
KEK Supply Co., Inc.  
John & Susan Koza,  
In memory of Brenda Koza  
Sounds Like a Plan\*  
Mr. & Mrs. Richard  
Szymanski  
John Vilcheck  
Warwick Communications\*  
Amy Wong / Dot Org  
Solutions LLC

\* New members since  
last newsletter

## Annual Appeal

Accu-Medical Waste Service  
Mr. Ronald E. Greinert  
Mr. and Mrs. Carl Schmelzer

## Donors to Staff Fund of the Annual Appeal

Lucenia Allison  
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Dot Swislocki  
Lisa Szymanski

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Marsha Vance  
John Vilcheck  
Dottie Welch  
Sharon Wright

## Friends & Supporters

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### INVESTOR: \$100 TO \$249

Mr. Robert B. Cunningham III  
Jardine Funeral Home, Inc.

### FRIEND: UP TO \$99

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Mrs. Anna Schlegelmilch  
Mr. Jeffrey Warnkin  
Ms. Vera Wendel  
Mr. Herbert Wolfel  
Mrs. Annamarie Wurth

## PLANNED GIFTS

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Sophia Schlather Trust  
Estate of Robert R. Rhodes  
The Estate of Phil Hudson  
Funds of the Cleveland  
Foundation  
Walter C. and Lucy I.  
Astrup Fund No. 1  
Magdalena Baehr Fund  
The Harry F. and Edna J.  
Burmester Charitable  
Remainder Unitrust No. 1  
Marian M. Cameron Fund  
John Huntington  
Benevolent Fund

## Memorials & Tributes

### Gifts in memory of Don Evans

The Family of Don Evans

### Rosario Fazio

Mr. & Mrs. David Cillian  
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Foundation, Inc.  
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Benedetto Fazio  
Mr. and Mrs. John A. Fazio  
Mr. and Mrs. Salvatore Fazio  
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Fobell  
Fraternal Order of Eagles  
Grebe Family Trust

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Mr. and Mrs. Matthew  
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Ms. Elizabeth J. Zavada

### Robert Kaminski

Ms. Lauren Steiner

### Roger Lockhart

Mr. and Mrs. Joseph A.  
Camardo  
Mr. and Mrs. Guy Cook  
Dawson Corporation, LTD  
The Lockhart Family  
Olympia Homeowner's  
Association

### Gifts in honor of Altenheim Staff

The Don Evans Family  
The Lockhart Family

### Ron & Sharon Kaminski's Wedding

Ms. Lauren Steiner

## The Courtyard at Shurmer Place

Altenheim Women's Auxiliary  
Augere Construction  
Mrs. Audrey Cousino  
Mr. Harry Foehringer  
Sounds Like a Plan  
Strongsville Chamber of  
Commerce  
The Surgery Centers  
Therapy in Motion

## Gifts-in-Kind

Mr. Wayne Arnold  
Ms. Gail Bindernagel  
Mr. George S. Biro  
Ms. Peggy Doheng  
Groves Best/Dave Fischer  
Mr. and Mrs. Richard Kolp  
Max Muscle Sports Nutrition  
Mr. Dan Rizzo  
Ms. Barbara Rocha  
Mr. Tony Torres  
Mrs. Jack Wiewel

## Volunteerism is strong with Women's Auxiliary

The Women's Auxiliary, Altenheim's largest group of volunteers has been a tremendous support since the organization's founding by a group of women in 1887. The Auxiliary began as the West Side Deutscher Frauen Verein. This was a group of women who had a vision to provide a safe haven for individuals in their senior years. With the help of the German community, the original Altenheim was built in 1892. Over the years, the Auxiliary provided the "extras" for the 33 residents. They would mend, read and visit with the residents. Each month the Auxiliary would do something special, such as celebrating Valentine's Day.

There were about 100 women in the Auxiliary when Altenheim moved to its present location. With the increase in number of residents at the Altenheim, volunteers were needed to accompany them on outings.

Today, this commitment to volunteerism is strong with the Women's Auxiliary. The Auxiliary

*Continued to page 4 – Auxiliary*

## Members

### LIFE-TIME

Frank Awender  
Mr. & Mrs. Gasper Boros  
Resl Kaethner  
Michael Schneider

### 2014

Mrs. Mary Buynak  
Mr. & Mrs. Heinrich Cordes  
Mr. Robert B. Cunningham III  
Mrs. Karen Dethloff Kubea  
Mr. & Mrs. Helmut Dickerhof  
Donauschwaben's German-American Cultural Center  
Mr. & Mrs. James Eiben  
Mrs. Renate Elber  
Mrs. Maria Geiser

Mrs. Phyllis Glaeser  
Mr. Ludwig Gutwein  
Mr. & Mrs. Raymond L.  
Haseley  
Mr. Karl Helfrich  
Dr. Walter Heyse  
Reverend Horst Hoyer  
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Ms. Gail L. Kovacs  
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Mr. Robert Messenger  
Mr. Thomas Perciak  
Mr. Paul Psota  
Mr. & Mrs. Erich Rock

Mr. Stephen Sartchev  
Mrs. Anna Schlegelmilch  
Mr. & Mrs. Carl Schmelzer  
Mr. Siegfried Schultz  
Mrs. Inge Strohacker  
Mr. & Mrs. Peter Szeltner  
Ms. Josefina Szentpetery  
Mr. & Mrs. Thomas Treichel  
Mr. Dietrich Vagt  
Mrs. Brigitte Ward  
Mr. Jeffrey Warnkin  
Mr. Ronald Wayne  
Ms. Vera Wendel  
Mrs. Margrit Winkelmann  
Mr. Herbert Wolfel  
Mrs. Annamarie Wurth  
Mr. Barry Zimmerman



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Altenheim Senior Living



18627 Shurmer Road • Strongsville, Ohio 44136  
[www.altenheim.com](http://www.altenheim.com)

RETURN SERVICE REQUESTED

**OUR MISSION:** To achieve the optimal level of mental, physical, and spiritual well-being of individuals, families and the community through the provision of high quality residential living, skilled nursing care and specialized services offered in a family-like atmosphere.

Thank You!



Front row from left to right: Margot James, Mary Buynak, Annamarie Wurth, Margrit Winkelmann and Arvine Paschal. Back row: Renate Elber, Erica Kitson, Eleanor Dove, Bernice Eiben, Brigitte Ward, Vera Wendel, and Dee Neiberlein.

## Auxiliary – continued from page 3

volunteers their time to take residents on field trips, assists them on shopping trips, and buys Christmas gifts. Every summer, residents are treated to a trip on the Good Time III. They also purchase birthday gifts for those residents who have no living relatives. They have purchased many items for Altenheim, including the lovely fountain that is in the nursing home's dining

room courtyard. Many of the members help out at scheduled activities including cooking and gardening classes. We are very grateful for their dedication to Altenheim's mission and all that they do to help the residents lead full productive lives.

Support the Women's Auxiliary. Become a member. Participate in the fundraising events: the nut sale around Christmas and the Max & Erma's dining out day in May. ■

## Important Dates:

**August 24** – Shurmer Place Open House & Ribbon Cutting, 2–4 p.m., Altenheim Senior Living Conference Center

**September 7-13** – Assisted Living Week

**September 20** – Oktoberfest 1–4 p.m., Altenheim Senior Living Campus

**October 27** – Halloween Party

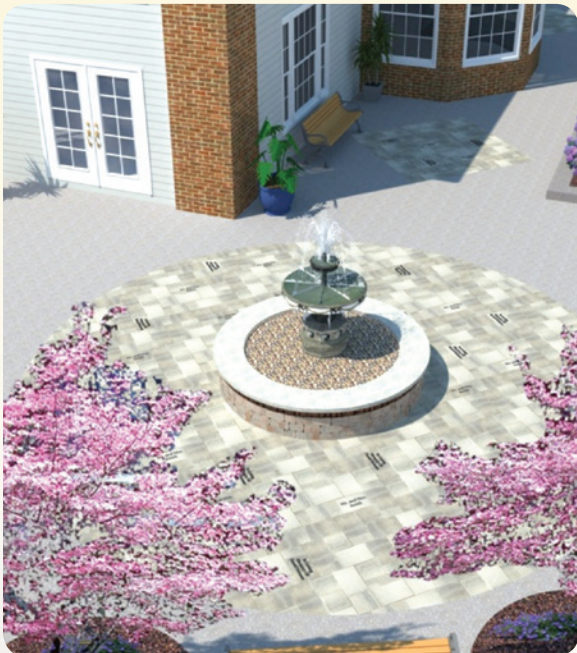
### ALTENHEIM SENIOR LIVING HIPAA OPT-OUT

If you wish to have your name removed from future marketing and fundraising communications, contact the Institutional Advancement Office between 9am – 5 pm Monday-Friday at 440-238-3361, ext 171.



Leave a lasting legacy in

# The Courtyard at Shurmer Place



## The Courtyard...

a quiet place to enjoy outdoors  
with family and friends.

Help pave the path  
in the Courtyard, part  
of the Shurmer expansion,  
with a lasting tribute to your  
loved one, in celebration of a  
special occasion (anniversary,  
birthday)... or just because. Your  
gift of a paver can be engraved with  
your name, your family name or your  
company name.

Funds generated from your paver purchase  
will help us continue to provide services and  
programs to our residents.

Order yours today by completing the  
order form on opposite side.

# Yes!

I would like to purchase  
a paver for the  
Courtyard at Shurmer Place.

Complete the form below and  
return with payment in the enclosed envelope.

Please select the paver size you wish to purchase

- ☐ 6" x 6" paver \$150.00  
☐ 6" x 9" paver \$300.00  
☐ 12" x 12" paver \$500.00

Complete the message area below.  
Spaces and punctuation are considered characters.

**6" x 6" PAVER** - 3 lines / 10 characters each


**6" x 9" PAVER** - 3 lines / 14 characters each


**12" x 12" PAVER** - 8 lines / 14 characters each


### Your Contact Information:

NAME

ADDRESS

CITY STATE ZIP CODE

PHONE

EMAIL ADDRESS

### Payment Information:

- ☐ Check enclosed (*payable to Altenheim*)  
☐ MasterCard ☐ Visa

NAME ON CARD

CARD NUMBER

EXPIRATION DATE CCV

SIGNATURE

Altenheim Senior Living  
18627 Shurmer Road  
Strongsville, Ohio 44136  
Email: [giving@altenheim.com](mailto:giving@altenheim.com)  
Phone: 440.238.3361