

Welcome to Altenheim Senior Living



The mission of Altenheim is to achieve the optimal level of mental, physical, and spiritual well-being of individuals, families and the community being served through the provision of high quality residential living, skilled nursing care, and specialized services offered in a family-like atmosphere.

Skilled Nursing

Whether you or your loved one needs short term rehabilitation after an acute illness or surgery, long-term nursing services, memory care or hospice, Altenheim will personalize services in loving, family-oriented healthcare surroundings. Comprehensive, short-term rehab services include physical therapy, occupational therapy and speech language pathology, both in-house and outpatient.

Assisted and Independent Living

Comfortable independent and assisted living with a choice of efficiency, one and two-bedroom suites await you. Whatever your needs, Shurmer Place provides safety and assistance and the home-like setting you are looking for. Enjoy state-of-the-art services and amenities and retain your independence.

Assisted living residents enjoy privacy in a spacious efficiency, one and two-bedroom apartment or suite, complete with private bath, kitchen and individual outdoor patio or balcony. Care and services are thoughtfully designed to provide the assistance that residents desire to support their independence.

Located on the beautifully landscaped 16 plus acre Altenheim Senior Campus, Shurmer Place is designed for those who value their independence as much as they value their peace of mind. Shurmer Place offers a perfect blend of services catering to individual needs and providing the satisfying, invigorating lifestyle you deserve.

The Not-for-Profit Difference



The Not-for-Profit Difference

Altenheim is a not-for-profit 501(c)(3) organization governed by a volunteer Board of Directors. Anchored by a distinguished history of quality healthcare and resident services, we remain committed to standards of excellence in an ever-changing environment. We strive to continually upgrade our programs, services and facilities with the help of generous donor contributions.

Sustaining Excellence

The Altenheim Foundation is a supporting organization of Altenheim. Its sole purpose is to provide financial resources to enable Altenheim Senior Living and Shurmer Place at Altenheim to care for the physical, emotional, social and spiritual needs of its residents. Contributions are gratefully accepted by Altenheim Foundation for general, as well as specific, donor-related purposes.

Each gift is an important link in helping Altenheim Senior Living achieve its charitable mission of high quality care and services for the elderly. These donations are greatly needed and deeply appreciated. For more information about charitable giving opportunities, please contact the Office of Institutional Advancement at 440-238-3361, extension 171.

All gifts to the Altenheim Foundation are tax deductible as allowed by law.

Altenheim's History



History

Altenheim is a not-for-profit senior living community providing quality, licensed residential services, skilled nursing care, short term rehabilitation, home health care and additional specialized services for seniors and their families. The highest quality of care is provided within a community atmosphere. Qualified staff and volunteers, with dedication and compassionate understanding, address the physical, social, emotional and spiritual needs of its residents. Altenheim treats quality health care as a mission to enrich the lives of those we serve.

Started by a group of local women of the German-American Ladies Society, Altenheim opened in 1892. In response to growing and changing needs, Altenheim moved to its present campus in Strongsville in 1980. Since then, Altenheim Senior Living has grown to include a 160 bed skilled nursing and rehab center, 85 independent and assisted living apartments, and a home health care agency. We strive to meet the demands and challenges of our growing senior population.



Since 1892, people from all ethnic and religious backgrounds have called Altenheim home. Still strongly supported by the German-American community, the caring commitment of administration, staff and volunteer Board leadership has helped Altenheim become renown as one of the finest senior living communities in Ohio. Those associated with Altenheim Senior Living take great pride in its distinguished history and in its commitment to community service for over 120 years.

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Altenheim Senior Living — Promoting Independence



The Altenheim care team includes physicians, licensed nurses, dietitians, social workers, licensed therapists and other healthcare professionals. As a resident of the Altenheim community, you become the most important member of the care “team” and are encouraged to participate in programs helping to maintain your health and wellness.

Preventative and Wellness Programs

These programs help you to maintain your optimum level of self-care and well-being.

Rehabilitative Therapies

Therapy programs are designed to increase strength and mobility, while decreasing pain and discomfort.

Restorative Nursing

This program will assist your family member with practice in activities of daily living, including walking, grooming, dining, and range of motion activities to insure well-being and high levels of self-help.

Hospice and Palliative Care Services

Trained staff work with area hospices and provide care in a home-like environment so that your loved one is able to comfortably live out the final phases of life’s journey.



Altenheim Senior Living — Promoting Independence



Altenheim Senior Living includes an array of services to meet the health care needs of seniors and their families. Whether your needs require a gracious, maintenance-free independent lifestyle, short-term rehabilitation, or the security of 24-hour skilled nursing care, Altenheim's specialized care and service programs are tailored to promote the optimum level of self-care and well-being.

Conveniently located on the Altenheim Senior Living Campus, residents find peace of mind knowing that these facilities are just steps away:

Shurmer Place

Comfortable, independent and assisted living with a choice of efficiency, one and two-bedroom suites awaits you. Whatever your needs, Shurmer Place provides safety and assistance in a home-like setting you are looking for. Enjoy state-of-the-art services and amenities and retain your independence.

Altenheim Skilled Nursing and Rehab

Whether you or your loved one needs short-term rehabilitation after an acute illness or surgery, long-term nursing services, memory care or hospice, Altenheim will personalize services in loving, family-oriented healthcare surroundings. Comprehensive, short-term rehab services include physical therapy, occupational therapy and speech language pathology, offered in-house and on an outpatient basis.



Memory Care

Compassionate assistance is led by a Certified Dementia Capable Care Coordinator. A functional maintenance program provides structured activities that will help your loved one remain as independent as possible. A secure living area and outdoor enclosed courtyards make for a home-like environment.

Altenheim Home Health Care

If you are in need of therapy, nursing or personal care at home, Altenheim Home Health Care is the answer. Quality physical, occupational and speech therapies, skilled nursing, wound care, and diabetes management are available in the privacy and comfort of your own home.

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Altenheim Health Care Team



Altenheim Skilled Nursing and Rehab Center is dedicated to providing comprehensive nursing care and services that address the physical, psychological, social and spiritual needs of our residents. In order to achieve these goals, our healthcare team works cooperatively to plan, deliver and evaluate each resident's care.

Nursing Services

The residents' healthcare needs are addressed by friendly and attentive registered nurses, licensed practical nurses and state-tested nursing assistants. Residents care is directed by registered nurses specializing in care of the elderly. Staff is available 24-hours per day for consultation with residents and families. Quarterly plan of care conferences are scheduled with residents and families to evaluate each resident's needs and level of progress.

Medical Services

Medical care is provided by a personal physician of your choice. The attending physician directs medical care within the standards set by the medical director. Medical care is available on a 24-hour basis.

Helpful Information



The staff at Altenheim is committed to providing the highest quality care and services. We are always available to assist you with any questions or concerns.

Suggested items to bring:

Legal Documents

- Insurance Cards
- Living Will
- Financial Power of Attorney and/or Healthcare Power of Attorney
- DNR Advance Directive

Clothing

- 6-8 changes of clothes
- Comfortable and supportive shoes (Velcro® closure)
- Slippers
- 3 sets of pajamas/nightgowns
- Robe
- Coat (seasonal)

Personal Items

- Large digital clock
- Electric razor
- Family pictures
- Comforter
- Address book
- Comfortable chair (cleanable)
- TV, radio and/or computer
- Cellular phone

Things to remember:

- Size of room
- There is minimal storage
- Please do not bring valuables or money
- Label everything and let nurses know when you bring something new

Helpful resources:

Long Term Care Ombudsman Program

2800 Euclid Avenue, Suite 200
Cleveland, OH 44115
216-696-2719 or 800-365-3112
www.ltoc.org

Ohio Department of Job & Family Services

1641 Payne Avenue, Cleveland, OH 44115
216-987-6791

Western Reserve Area Agency on Aging

925 Euclid Avenue, Suite 600
Cleveland, OH 44115
216-621-8010
www.psa10a.org

Passport – through Western Reserve Area on Aging

A Medicaid waiver program providing information, assessment and home care services for older people with long-term care needs.

1-800-626-7277

Medicare

1-800-MEDICARE

Managed Care – MyCare Ohio

www.medicaid.ohio.gov/mycareohio

Social Security Administration

1240 East 9th Street, Cleveland, OH 44114
800-772-1213

Alzheimer's Association

23215 Commerce Park Drive, Suite 300
Beachwood, OH 44122
216-342-5556
www.alz.org/cleveland

Open visiting hours to suit families' and friends' busy schedules.

Admission Process



The admission process is designed to assist residents and their families in accommodating and reviewing individual needs. Our staff is available during the entire process to answer questions and provide information concerning all the services available at Altenheim, as well as services available within the surrounding community.



To apply for admission:

1. Contact the Admissions Office to arrange for a tour of the campus at 440-238-3361, ext. 144.
2. An admission application is included in the folder given to you at the time of the tour, or may be requested over the phone. To be considered for admission, you must complete the front and back of the Application for Admission and the Release of Information for Pre-Admission Screening, and forward both to the Admissions Office.
Note: Submitting an application does not guarantee immediate or future admission.
3. If you are currently in the hospital or in another facility or are seeking admission from home or residential living, you will need to be seen by your physician and obtain a medical history and physical no more than five days before the date of admission.
4. You must obtain a chest X-ray within 90 days of the date of admission.
5. You should apply for financial assistance, if eligible, before the date of admission (i.e., Medicaid). If you have already filed for Medicaid, we request that you supply us with a copy of the Medicaid application. If Medicaid assistance is needed while you are a resident with us, the social worker will assist you in the process.
6. We request that you supply Altenheim with a copy of your powers of attorney, living will, legal guardianship papers, insurance cards, Medicare card, and Social Security card at the time of admission.

If you have any questions regarding the admission process to Altenheim Skilled Nursing, please contact the Admissions Office or the social worker.

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Resident Care Conference

Scheduled conferences provide the healthcare team with a forum to share information and coordinate services. Residents and families are encouraged to attend these conferences. Conferences are facilitated by the plan of care team to evaluate each resident's needs and level of progress. The involvement of the team, as well as the resident's family and nursing assistant provides a comprehensive and personalized plan of care.

Ancillary Services

For your convenience, many of these services are available within the facility: dental, podiatry, ophthalmology, psychology, audiology, laboratory, x-ray, and oxygen. The social services department will schedule services as required or requested.

Social Services

A licensed social worker is available to assist residents and family members with psychological and social needs, and provide personalized counseling when needed. The social worker helps residents and families with issues that may arise and if necessary, makes proper referrals to other area resources. Our social services department serves as an advocate for residents' rights and needs. They can assist with referrals for dental, podiatry, ophthalmology, psychological and audiology services. They can help with room changes, missing items, discharge planning and many other inquiries.

Dietary

Three delicious meals are provided daily. A registered, licensed dietitian monitors each resident's nutritional status and oversees the delivery of therapeutic diets ordered by the attending physician. Holiday dinners, picnics and luncheons create a home-like dining experience.

Memorial Services

Memorial services are held as needed. These services provide closure for fellow residents, family members, and staff to reflect on the memory of our residents.

Pharmaceutical Services

For your convenience, pharmacy services are available to residents, and pharmacy consults are available to residents, families, and the healthcare team.

Activities

Altenheim Senior Living takes great pride in the therapeutic activities we provide. Our nationally-certified activity director ensures that programs are centered on the individual resident preferences. The campus includes courtyards, a gazebo, gardens, a picnic pavilion, a walking trail, a chapel, and a greenhouse for all to use and enjoy. An activity room supports small and large group activities. A wheelchair accessible bus is used for planned day trips to restaurants and local shops, as well as sightseeing trips throughout the year.

Transportation Services

In the event non-emergency transportation of a resident is required, the staff will coordinate with the best available service. Emergency transportation is provided by local ambulance services or by city paramedics. Altenheim is not responsible for these expenses.

Beauty/Barber Shop

Beautician and barber services are available. The cost for these services is not included in the daily rate and is not covered by any insurance program. Charges are billed monthly and included with each resident's monthly billing statement.

Volunteer Services

The activity director and the resident director at Shurmer Place are responsible for coordinating campus volunteer activities.

Nursing and Medical Services

Whether it is short-term rehab, outpatient rehab, memory care, skilled nursing, home health care or assisted and independent living, Altenheim is dedicated to providing comprehensive care and services that address the physical, psychological, social and spiritual needs of our residents.